

Families in Focus courses



A complete guide to parenting children with Autism & ADHD

(inclusive of those on assessment pathways)

Our evidence-based, online, interactive courses for parents of children aged 2 to 11 years will:

Increase understanding of Autism, ADHD, Sensory Processing and children's behaviours.

Also included, how to understand and support siblings, understanding EHCP's, and up to date information on local service's and how to access them.

We provide tried and tested strategies to increase understanding for a calmer and happier family life.

Tuesdays

9.30am to 11.30am or 6.30pm to 8.30pm

September 9, 16, 23, 30 &

October 7, 14 &

November 4, 11, 18,

**Email Francine & Lesley:
bookings@familiesinfocus.co.uk**



Funded by Hertfordshire CC
and free places for Hertfordshire parents



Handling anger of children with Autism & ADHD

(and those on assessment pathways)

Our evidence based online, interactive course for parents of children aged 4 to 11 help parents to increase understanding of Autism, ADHD, Sensory needs and children's emotional regulation.

We provide tried & tested strategies for a calmer and happier family life or all.

Wednesdays

9.30am to 11.30am *or*

12.30pm to 2pm *or*

6.30pm to 8.30pm

September 10th 17th 24th & October 1st 8th 15th

**Email Francine and Lesley today:
bookings@familiesinfocus.co.uk**



Funded by Hertfordshire CC with limited free places available for Hertfordshire parents