

This Week's News

Friday 21st March 2025

Dear Parents and Carers

It has been a lovely week. On Thursday it was International Day of Happiness and we hopefully spread a few more smiles around school and focused on what happiness means and how we can live happy lives.

This week is also Neurodiversity week. Miss Russell shared an assembly with the children on Wednesday and there have been displays in school. Each person has a brain that is unique to them; no two brains are quite the same. [Neurodiversity](#) is the concept that brain differences are natural variations. Some people's brains simply work in a different way. For at least 20% of the adult population in the UK, these differences mean they may be diagnosed with [neurological conditions](#) such as [autism](#), [dyslexia](#) and [attention deficit hyperactivity disorder \(ADHD\)](#) and may consider themselves to be [neurodivergent](#). At Flamstead we aim to celebrate the full spectrum of brain differences, encompassing both [neurotypicality and neurodivergence](#), and champion the strengths of all pupils.

On Tuesday we welcomed Reverend Helen from the Methodist Church into school and she gave the children an interactive assembly on Holy Week, in preparation for Easter. One of our Governors, Mrs Wright came into school and she thoroughly enjoyed reading with some children and talking to them about English, Book Week and their writing. On Thursday some of our Y5 and Y6 pupils enjoyed their visit to Oaklands College for a Quick-sticks hockey event. The weather was delightful and all the children enjoyed the experience. Thank you to the parents who helped transport the children and well done to David, Rupert, William, Lottie, Dillon, Isabella, Marion, Fletcher and Louis for representing our school so well. The Science posters that have come into school this week have been incredible. They are all unique and the time and effort that has clearly gone into them was wonderful to see. All the posters are now displayed in the hall which will be open on Monday morning at drop off if you would like to pop in and see them. We had a lovely day on Friday supporting Comic Relief by wearing our red noses and non school uniform and making a donation. The Arbor donation is still open if you have not had time to donate already.

This week in Cherry Class have had a fantastic time planting seeds in their outdoor learning area, discovering more about growth and nature. They have also taken their maths lessons outside, using the fresh air and open space to explore order and magnitude in a fun and hands-on way. In Maths lessons this week Year 1 have been looking at shapes and Year 2 have been finding the missing parts of word problems. They have all been busy carrying on filling their greenhouse and now have pots of courgettes and lettuces waiting to germinate. In PE they have taken advantage of the good weather and practised the racquet and ball skills outside.

Chestnut Class have been outside in the sunshine planting potatoes, onions and rhubarb in our outdoor learning area. May thanks to Christy Lee for helping the children with the planting on Tuesday. They are really looking forward to seeing the vegetables grow in the coming months.

Bonsai Class have enjoyed starting their English unit on twisted fairy tales using 'Blackberry Blue' as a stimulus. To acknowledge neurodiversity week they have celebrated their own brains and what makes them unique.

Next week is Assessment week in school. Please make sure your children arrive promptly for the start of the school day and that they are well rested. We are finding more children are arriving to school late and some are often very tired. Please make sure your child's bedtime routine is helping them to have a successful day at school.

Have a lovely weekend and I hope the sun continues to shine.

Jacqui Walton-Jones

Headteacher

Reminders for Spring

24th - Assessment Week in school

24th—Graffiti workshop at Church for Chestnut

25th—Y5/6 Tag Rugby Event at Harpenden RFC

All Y5/6 pupils

28th - National Skipping Day - workshops

skipping ropes for sale pre orders and at the end of the day

31st—EYFS trip to Shepreth Wildlife Park—

Parent Helpers needed

1st April —Easter Bonnet Parade—2.30pm

start—parade starts at 2.20pm

3rd April —FOFS Fish and Chip Quiz Night

4th April—End of Spring term at 1.30pm

Photos of the Week

Quick-stick Hockey at Oakland's College



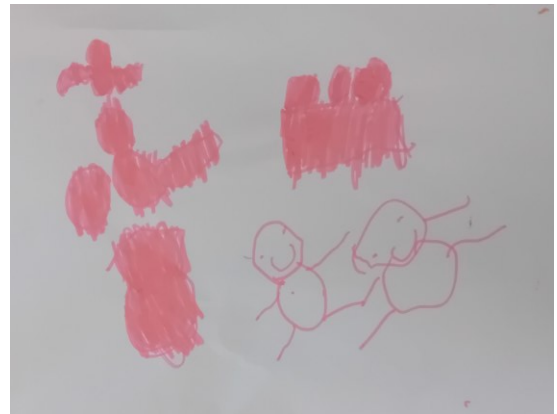
Nursery and Reception exploring outside



Flamstead Clubhouse Poster Competition

Congratulations to Jessica who won the recent design a poster competition run by Flamstead pre school.

Children had to show what they would like to see at an afterschool club/holiday session. Jessica won an £10 Amazon voucher.



Reverend Helen in Assembly and Chestnut Class Planting in our Outdoor Classroom



Photos of the Week

Science Week Poster Competition winners

It was a VERY hard to choose winners from all the wonderful posters that were sent in. The range of topics chosen on the theme of 'Change and Adapt' was vast and seeing all the effort that went into the posters was amazing

Well done to all the children!

Class Winners are:

**Nursery—Oliver Reception—Cayleb Year One—Daisy Year Two—Alfie
Year Three—Olivia Year Four—Darcy S Year Five—Hugo Year Six—Maisie**



Overall winners who will have their posters sent to the National British Science Week Competition are:

Lewis Eddie Xander Max M Millie



Bright Stars

Friday 21st March 2025

Nursery	Willow	For completing our weekly Rainbow Challenge with enthusiasm and creativity! Willow's energy and excitement have shone through into her learning.
Reception	Edie	For showing perseverance and a positive attitude in our Phonics and Handwriting lessons. Edie's determination and enthusiasm have been outstanding this week.
Year 1	Pheobe	For using capital letters and full stops in her brilliant sentence writing about mermaids.
Year 2	Jude	For showing resilience when practising his handwriting.
Year 3	Mia	For showing a positive and 'can do' attitude in her lessons.
Year 4	Ava	For reading with such expression, fluency and enjoyment, Well done Ava.
Year 5	William	For his enthusiasm during the hockey event offering to play every game.
Year 6	Max	For impressing Miss Russell with his focus and attitude to learning.

Attendance this week

Year Group	w/b 17th March
Nursery	88%
Reception	94%
Year 1	92%
Year 2	100%
Year 3	98%
Year 4	98%
Year 5	94%
Year 6	91%
Well done Year 2 again!	

TTRS and Numbots

Year Group	Who impressed us ?	Percentage of Children online
Nursery	-	0%
Reception	Frankie	14%
Year 1	Cordelia	31%
Year 2	-	0%
Year 3	Joey	93%
Year 4	Theo	100%
Year 5	Louis	45%
Year 6	Dillon	33%
All children should be accessing their online maths programme as part of home learning please.		

SCHOOL LUNCHES

HCL have increased the prices of school lunches. From the 1st of April 2025 school lunches for pupils in KS2 will increase to £3.50. This price increase will be reflected in Arbor, you do not have to do anything different when booking your child's school lunches. Universal Free Schools Meals for KS1 and Reception pupils and meals for pupils in receipt of Free School meals remain free.

BIKEABILITY

Did you miss our Bikeability Training and would still like to access a training course?

Bikeability training is available at the following cycle hubs during the Easter Holidays:

- **Watford Cycle Hub** (based in the King George V playing fields, Tolpits Lane, near Watford General Hospital)
More information at the following link: [Watford Cycle Hub](#)
- **Stevenage Cycling Hub** (based in Fairlands Valley Park, Stevenage).
For information on the courses please visit - [Stevenage Cycling Hub](#) or email: enquiries@stevenagecyclinghub.co.uk
- St Albans Cycle Hub C.I.C (Cottonmill Estate, St Albans)
For information on the courses please visit - [St Albans Cycle Hub](#)
- **Courses for riders / trainee riders with SEND requirements** (in varying locations across Hertfordshire in most school holiday breaks).
We work with our partners at the Herts Disability Sports Foundation to run specialist training for anyone with additional needs wanting to cycle to tailored 1 to 1 sessions. For more information please visit: [2 wheel bike training \(HDSF.com\)](#)

BEDTIME ROUTINES AND SLEEP

Please make sure your child gets enough sleep and has a good bedtime routine.

Please see the table here and click on the link for some information and advice on good bedtime routines from Great Ormond Street Hospital.

<https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/sleep-hygiene-children/>

Your child's age	Recommended sleep time in 24 hours
Infants 4 to 12 months	12 to 16 hours including naps
Children 1 to 2 years	11 to 14 hours including naps
Children 3 to 5 years	10 to 13 hours including naps
Children 6 to 12 years	9 to 12 hours
Teenagers 13 to 18 years	8 to 10 hours

FoFS News!

School Pond

As you will have seen the school pond development is coming along very well. Thank you to FOFs for all their hard work and effort in making this a beautiful environment for our pupils to learn from. We already have lots of frogs and newts who have settled in well. More exciting developments to come!



Easyfundraising

Thanks also to those who've been using Easyfundraising to raise money for the school.

On the last payday, FOFS received **£25.64** with even more due on the next scheduled payday. If you'd like to join, head to easyfundraising.org.uk and choose **Friends of Flamstead School** as your charitable beneficiary. It doesn't cost anything and Aunts, Uncles and Grandparents can get involved too.

Regular donations like this really help so thanks for your continued support!

Fish and Chips Quiz Night

It's that time of year again, when we all gather to be reminded how little we actually know.

The Quiz night is always a lot of fun, with delicious fish and chips and a range of drinks available. Quizmaster Andy Baradell is readying the questions as we speak so why not get a team together and join us?

Date: Thursday 3rd April, 7:30pm (for 8pm start)

Price: £16 per person (teams of 8)

FISH 'N CHIPS
QUIZ NIGHT
A FRIENDS OF FLAMSTEAD SCHOOL EVENT
THURSDAY
3RD APRIL 2025
7:30PM FOR 8PM START
FLAMSTEAD VILLAGE SCHOOL

Tickets are £16pp and include Quiz entry and Fish & Chips or Halloumi & Chips

To book your table (max 8 per team) scan the QR code or visit:
<https://bit.ly/fishchipquiz>

Bar available on the night.
All proceeds will go towards supporting Flamstead Village School.

Friends of Flamstead School

St Leonard's Church

Do you live in Flamstead?

**Are you interested in its history
and heritage?**

**Come and get your FREE copy
of a newly printed guide at
a launch event in St Leonard's.**

**The detailed guide includes colour photographs and
reveals more about the discoveries made during the
heritage project.**

**Saturday 22nd March from 3pm.
Drop in any time before 5pm.**

**Refreshments available and volunteers can
give you demonstrations of the touch screen
information area.**

**The project is providing a
free copy to every
household in the village.**

Cider with Molly

The Ciderhouse Rebellion



Saturday 5 April 2025

7:30pm

St Leonard's Church

Flamstead

Email tickets@musicatstleonards.co.uk

Or call Anne Françoise - 07577 530825

Award-winning folk duo with
stellar Irish singer Molly Donnelly
tour their latest album

'A Little Bit Slanted'

SCAN ME!



Tickets £25 / £20 / £10

Hemel's Easter Bunny Trail is a fun and free family activity running from 5th–20th April

About the Trail:

10 beautifully decorated bunnies will be hiding in local town centre businesses.

Pick up a trail sheet from Riverside Car Park Entrance.

Find all 10 bunnies and complete the trail.

Return the completed sheet to the post box at Riverside Car Park Entrance.

Be in with a chance to WIN an amazing Easter hamper!

**FREE
EVENT**

5TH-20TH APRIL

EASTER

BUNNY

TRAIL

HEMEL TOWN CENTRE

**CHANCE TO
WIN
EASTER
HAMPER**



**HEMEL
HEMPSTEAD
BID**