



This Week's News!

Friday 12th May 2023

Flamstead has been a hive of activity this week and it has been brilliant to see so many opportunities being offered to the children. On Tuesday, the children all took part in different activities to celebrate the King's Coronation—I loved hearing from the Reception and Key Stage 1 pupils about their visit to the church to carry out their very own coronation!



We have also had two visits this week from the Herts Music Service. Our Key Stage 2 pupils are currently taking part in a singing project and yesterday, our Reception and Key Stage 1 pupils took part in a percussion workshop with a local music specialist.



Amongst all of this, we have seen some amazing effort and attitudes from Year 6, who have been completing their SATs tests. Some of the questions were a little tricky, but they all showed excellent resilience. I think that there is some real relief that they are now completed! Whilst the tests were taking place, pupils in Years 3,4 and 5 were treated to some messy science, carrying out a range of activities!

Walk to School Week

Next week, we shall be taking part in the national 'Walk to School Week' initiative, where pupils will be encouraged to walk all, or part of the way to school each day. During the week in school, we shall be talking to the children about some of the themes around this, including how being outside and active is a great way to promote wellbeing and positive mental health. We shall also be revisiting key messages around road safety and how we can look after ourselves as the weather improves and we are out and about a little more regularly.



We know that, for some, it is not possible to walk to school as you do not live in the village. Instead, could you think about parking a short distance away (perhaps at the Recreation Ground) and walking the last bit?

Bright Stars!

Nursery	Arabella	<i>For using her independent learning time to practice number and letter formation and even spelling some words to label pictures. She is always being ready to learn and give everything a go.</i>
Reception	Leo	<i>For impressing all the teachers with his handwriting, spelling and independent maths learning this week. Leo has tried very hard this week to be an independent learner and has produced some amazing learning!</i>
Year 1	Henry	<i>For working extremely hard to complete as much written work as he can in a session and staying on task.</i>
Year 2	Benji	<i>For involving himself positively in class discussions and staying focused all week.</i>
Year 3	William	<i>For continuing to persevere with handwriting, spelling and focus in class.</i>
Year 4	Tristan	<i>For excellent participation and observations in science.</i>
Year 5	Freddie	<i>For fantastic behaviour in school! Freddie has gone above and beyond to help everyone this week!</i>
Year 6	Everyone!	<i>For showing resilience during SATS Week. They have all been fantastic! Well done Year 6! You should be very proud of yourselves!</i>

Staffing Update

The Governors would like to share that, following last week's Headteacher interviews, an excellent candidate has been appointed and subject to final checks and contracts, we hope to be able to share more information with you by half term. The new Headteacher will be in post from September.

We are also now able to confirm that, following her period of absence, Mrs Cowan will not be returning to Flamstead and the search is underway for a new Senior Teacher to join us next term.

This will be a really exciting time for the school as the new leadership team will invariably bring new and interesting ideas. We will share more information with you when we are able to.

Attendance

(Calculated on attendance Monday—Thursday)

Class	W/b 08/05
Nursery	100%
Reception	100%
Year 1	100%
Year 2	100%
Year 3	98%
Year 4	100%
Year 5	100%
Year 6	100%

Classes above Mr Maher's 96% target

I am delighted to see this week's attendance figures—a near perfect record across the school! The children have been keen to tell me how well their classes have been doing and it is great to see it having such a high profile.

Next week, all of those year groups who have had 100% will have an additional playtime as a reward.

Bag 2 School - reminder Thursday 18th May 2023

Remember—the more bags we fill, the more money we raise!

Items which can be collected are:

Good quality men's, ladies and children's clothing, paired shoes, handbags belts and accessories. No uniforms, work wear, pillows, duvets or pieces of fabric please.

COMPLIMENTARY FAMILY TICKETS
hertsbaseball.com/fans

Falcons VS **Sheffield Bruins**
HERTS FALCONS SHEFFIELD BRUINS
1PM SUNDAY, 14 MAY 2023, GROVEHILL BALLPARK

★FOOD★DRINKS★MUSIC
★CONTESTS AND★PRIZES FOR★KIDS
FREE MLB WRISTBAND FOR THE FIRST 100 FANS

HERTS

Early Years Update



This week Cherry Tree class have been busy creating zoos and safaris, teas and coffees in the mud kitchen and whole cities with blocks and train tracks, during their independent learning time. We have been learning our new focus story "The Little Red Hen" and adding actions to the story to help us remember, the class have produced some lovely writing about the story so far!

Reminder: as the weather is still changeable at the moment, please can you ensure that your child comes into school with a waterproof coat every-day as they do go outside on a daily basis.

Next week: We will be exploring the beginnings of subtraction in maths learning, looking at 'how many left?'. Maybe you could try this at home while tidying toys away!





Essex Fire Museum Open Days
Sunday 28th May 2023
Tuesday 30th May 2023
(10.30am to 4.00pm)





Visits must be pre-booked via:
museum@essex-fire.gov.uk

Address: Essex Fire Museum, Grays Fire station,
Hogg Lane, Grays, RM17 5QS

Final Thought

As part of next week's focus on staying safe, we shall be talking to the children about who they could talk to if they were worried or unhappy about something. One tool we use is the 'Circle of Friends', where we encourage the children to think of who they have to ask for help. This network should include friends and adults at school as well as key people at home.

Do you know who your child would identify as a key person in school or at home?

Upcoming Dates

Date	Event
15/5	Walk to School Week
22/5	Y5/6 Football Match—home vs Markyate
18/5	Bag 2 School Collection Day
22/5	Y6 Boys Football match vs Markyate
23/5	Class Photos
26/5	EYFS/Year 1&2 Joint Class Trip
29/5	Half Term Week
6/6	Y6 Boys Football match vs Nash Mills
12/6	Year 1 Phonics Checks taking place
15/6	Y3-6 Music Performance at St. Albans Abbey (information to follow)
26/6	Y3&4 Residential Trip
26/6	Year 5&6 Bikeability week
6/7	Sports Day
13/7	Transition Day—New classes!
21/7	School Closes 1.30pm for the Summer holidays
Parents - Please put these into your diaries!	

Key Notices

Please check and respond to any forms we have sent out via ParentMail this week.



Twitter—A reminder to check out our new Twitter site for up to date news and pictures showing the exciting things that are happening in school! Just visit '<https://twitter.com/FlamsteadVS>' to find us!

Term Dates—We have now confirmed our term dates for the next school year. These can be found on our website: <https://www.flamsteadjmi.herts.sch.uk/term-dates/>.

FoFS News!

Coronation Picnic

On Sunday the 7th of May, FoFS held the Flamstead Coronation Picnic, an event to celebrate the crowning of King Charles III. The sun shone and families came out to enjoy the Westenders Coronation Cup, followed by food, drink, bouncy castles and live music. It was a wonderful day.

FoFS are delighted to announce that we made a profit of **£3,665.20** from this event.

A huge amount of work went into putting on the Coronation Picnic. We would like to thank the following volunteers for giving their time and effort to help make the day great:

Sarah G, Mrs Sam C, Chris G, Michelle H, Melissa, Kim, Rachel S, Jordana, Nancy, Mr Sam C, Clive H, William C, Luke S, Andy N, Mark L, Chris D, Gareth B, Mark C, Ramin, Ali T, Richard, Cat, Emilie G, Abbie B, Eve and Blaine and Carlos.

Special thanks to: Dave Carter for putting on an amazing Coronation Cup; to Sarah Percy and Chris Carson for organising and running the bar; to Steve Harris and the members of Swan Vesta Social Club who entertained everyone so wonderfully; and to the whole FoFS committee - Christy, Ali, Tania, Nick and Anna - for making this event happen.

All the money raised will go towards supporting our wonderful school.

We're on Facebook!

If you'd like to see what we're up to at the school follow us here:

<https://www.facebook.com/FriendsOfFlamstead/>



The poster is for the Flamstead Heritage Community Archaeology Project. It features a green background with a white and yellow illustration of St Leonard's Church. The text is in white and yellow. At the top left is the Flamstead Heritage logo. The main title is 'Community Archaeology Project'. Below that is the date and location: 'Saturday 1st July 2023 (10am onwards) St Leonard's Church, Flamstead'. There are three bullet points: '- A special project delivered by Flamstead Heritage, in association with Herts Geo-survey and University College London.', '- Working alongside professional archaeologists, there will be opportunities to get involved with the geophysics survey; using ground penetrating radar to uncover hidden archaeology!', and '- Light refreshments served in the Church. - Churchyard picnics welcome.' At the bottom left is the text 'Explore your local Living History' and the logo for the 'Heritage Fund'.

Flamstead Heritage

Community Archaeology Project

Saturday 1st July 2023 (10am onwards)
St Leonard's Church, Flamstead

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Explore your local Living History

Heritage Fund

Welcome



Hertfordshire
Family Centre
Service

NHS
Hertfordshire Community
NHS Trust

School Nursing

Summer Term
2023

Public Health Nursing 5-19 Team Newsletter

Ways to contact us

0300 123 7572
(Mon-Fri 9am-5pm)

Our referral website, which also has information about our service:

<http://ow.ly/eeWe50K11aW>

Please see below our Workshop link, with lots of advice and support on your child's emotional health, returning to school, and more.

<http://ow.ly/Qn9G50K117f>

www.healthforkids.co.uk

A fun and interactive website for children to access health information, with also information for parents available.



Top Tips

Children and young people are entitled to free regular dental and optician check ups and treatments . This includes orthodontic treatment if needed. If children are not yet registered with a dentist it is important to register as soon as possible . Please see the link below of dentists taking new patients currently.



www.nhs.uk/nhs-services/dentists/how-to-find-an-nhs-dentist/

We see children aged 4-5 for an eye test in school. If there are any concerns we will refer to the children's eye service.

It is advised that children see a high street optician every 12-18 months.

Q&A

Q - What support can you offer my child?

A - We can offer of support for emotional health and wellbeing (including anxiety, anger, self esteem and bereavement) and signposting to further services if required.

An app which can be used for children aged 7-12 with managing anxiety can be found here:

[Lumi Nova: Tales of Courage](#)

Q - Can I refer my child to you?

A - Parents and professionals can refer to us using the referral form on our website.

There is also more information on our referral criteria which can also be found on our website.

<https://www.hct.nhs.uk/service-details-/service/school-nursing-56>

[https://](https://www.hertsfamilycentres.org/info-and-advice/parents-and-mums-to-be/school-nurses.aspx)

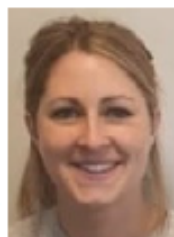
www.hertsfamilycentres.org/info-and-advice/parents-and-mums-to-be/school-nurses.aspx

Who we are

Hi, I am Katie, a Specialist Community Public Health Nurse (SCPHN) who works in the School Nursing team.

My role is to provide a link between school, home and the community, offering a health-focused perspective to improve the health and wellbeing of children and young people. Working in public health allows me to work in partnership with other professionals, supporting vulnerable families and facilitate health-enhancing behaviours.

The SCPHN programme allowed me to appreciate the value of our role in promoting and protecting the public's health by promoting healthy lifestyles.



Keeping safe in the community

Your child may be exposed to lots of different influences outside of home, for example their peers, friends, online activities and also in the community.

In most cases, these influences are very positive for a child and bring them opportunities to socialise, learn and thrive.

However, in some situations, some children may become involved in activities in their community that put them at risk of danger.

The best way to understand community risk and safety is to show an interest in what your child does when they are out of the home or online and creating a safe space for your children to talk to you about their experiences and how they feel.

Conversations with your child can help to tip the balance towards your child being safer.

Please see link below for further information:

<http://ow.ly/nE2O50NWITX>

CWP Workshops

The Children's Wellbeing Practitioners (CWP) are pleased to offer the following workshops to parents and/or young people focused on emotional wellbeing and mental health.



Please see below website for up to date workshops:

www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787