

PE Curriculum Overview

Scheme GetSet4PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dance 1: <i>Travelling, copying and performing</i>	Ball Skills 1: <i>Rolling stopping throwing bouncing</i>	Gymnastics 1: <i>Shapes, balances, jumps, rocking, rolling, travelling</i>	Games 1: <i>Running, balancing, changing direction, striking a ball, throwing</i>	Fundamentals 2: <i>Hopping, galloping, skipping, jumping, changing direction, balancing, running</i>	Games 2: <i>Running, changing direction, striking a ball</i>
	Introduction to PE 1: <i>Moving safely, running, jumping, throwing, catching</i>	Fundamentals 1: <i>Balancing/jumping/Travelling and changing direction</i>	Dance 2: <i>Travelling, copying and performing, balance, coordination</i>	Ball Skills 2: <i>Rolling stopping throwing bouncing</i>	Gymnastics 2: <i>Shapes, balances, jumps, rock & Roll, balance roll</i>	Preparation for sports day: <i>Running, throwing, dribbling</i>
Year 1/2	Gymnastics Yr 1	Ball skills Yr 2	Invasion games Yr 1/2	Net & Wall Yr 1/2	Striking and Fielding Yr 1/2	Sending & Receiving Yr 1/2
	Fundamentals Yr 2	Dance Yr 2	Fitness Yr 1/2	Gymnastics Yr 2	Target Games Yr 1/2	Athletics Yr 2
Year 3/4	Football Yr 3/4	Tag Rugby Yr 3/4	Gymnastics Yr 4	Hockey Yr 3/4	Rounders Yr 3/4	Cricket Yr 3/4
	Basketball Yr 3/4	Dance Yr 4	Fitness Yr 3/4 & Cross Country*	Tri Golf Yr 3/4	Swimming	Swimming
Year 5/6	Football Yr 5/6	Tag Rugby Yr 5/6	Gymnastics Yr 6	Hockey Yr 5/6	Cricket Yr 5/6	Short Tennis Yr 5/6
	Basketball Yr 5/6	Dance Yr 6	Fitness Yr 5/6 & Cross Country	Tri Golf Yr 5/6	Rounders Yr 5/6	Athletics Yr 6

Taken by Challenge Sport